



Fee Schedule

Nutrition Appointments:

(All prices are for individuals.)

Initial Session/ Intake & Assessment	<ul style="list-style-type: none"> • \$375 (50-60 minutes) – Charged to Insurance • \$265 (out-of-pocket discounted rate)
Follow up Sessions	<ul style="list-style-type: none"> • \$300 (50-60minutes) – Charged to Insurance • \$235/hour (out-of-pocket discounted rate)
Outside of session material review	<ul style="list-style-type: none"> • \$100 per hour
4 Session Package*	<ul style="list-style-type: none"> • \$880 (\$220/per session)
6 Session Package*	<ul style="list-style-type: none"> • \$1260 (\$210/session)
12 Session package*	<ul style="list-style-type: none"> • \$2400 (\$200/session)

*All fees for packages are paid in full.

Please note that, Initial appointments are not included in packages.

late/No Show/Cancellation Fee**	<ul style="list-style-type: none"> • \$200
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**Please see our Cancellation/No-Show/Rescheduling policy on the next page.
Sign and return the form.

Thank you

Cancellation/Rescheduling/No-Show Policy

We have a **48-hour** cancellation/rescheduling policy (**or 2 business days; our business days are Monday through Friday**), with a **\$200 late cancellation/rescheduling fee**, which cannot be billed to insurance. We try to refill cancelled spots so that we can accommodate all clients waiting to see us. Thank you for helping us do this.

Cancellation or reschedule of scheduled appointment more than 48 hours prior to appointment time:	No Charge
Cancellation or re-scheduled appointment, less than 48 hours before appointment time or missed appointment:	\$200

To illustrate this: if your appointment is on Monday at 2pm, we need to hear from you by Thursday at 2pm to avoid the late cancellation charge.

Please let us know as soon as possible if you need to reschedule an appointment. The easiest way to reschedule is to go online by clicking the link located in your appointment confirmation email; cancel your current appointment and then reschedule a new one. This option is only available for appointments two days or more out. If you are cancelling within two days of your appointment, or do not want to use the online scheduling tool, please call the office at (425) 442-5209.

"I understand that I will be charged a \$200 cancellation/rescheduling fee if I miss my appointment or cancel within 48 hours or less. I understand this charge is not covered by insurance."

Client/Responsible Party Signature Date

Client/Responsible Party Printed Name

Medicare/Medicaid and United Health Care

At this time, **I do not accept Medicare or Medicaid** as they do not have adequate coverage for nutrition, *even if you have secondary insurance with one of the insurance providers noted above*. Specifically, they only cover RDNs and not CNs, but more importantly they only cover nutrition services for Diabetes and End Stage Renal Disease.

In addition, **I do not accept United Health Care** as I am considered out-of-network, which means the visit is rarely covered. I can provide you with a Superbill that you can submit for possible reimbursement by Medicare, Medicaid, and/or United Health Care